



WORLD CLASS SPORTS MEDICINE

Under the direction of Orthopedic Surgeon Patrick St. Pierre, MD, the Eisenhower Desert Orthopedic Center Sports Medicine Program is a comprehensive sports medicine program to serve the athletic needs of the community. “We are excited about developing a cohesive program throughout the valley not only to care for the headline team sports in the area, but also to provide that same care to our local recreational athletes as well,” say Dr. St. Pierre.

Sports medicine specialists not only care for sports teams, but also tend to the special needs of athletes of all ages. Primary care specialists are experts on the athlete’s medical conditions, and orthopedic specialists focus on joint injuries and minimally invasive techniques using arthroscopy to treat them. They all work together to rehabilitate the athlete to return not only back to health, but also to their sport.

Dr. St. Pierre is a graduate of the United States Military Academy at West Point and completed his Sports Medicine fellowship at West Point in 1995. He is certified by the American Board of Orthopaedic Surgery and is an active member of the American Academy of Orthopaedic Surgery, the Arthroscopy Association of North America and The American Orthopaedic Society for Sports Medicine and the American Shoulder and Elbow Surgeons. Dr. St. Pierre has been recognized with several

international and national Sports Medicine awards including the prestigious 2004 Hughston Sports Medicine Award and the 2002 O’Donoghue Sports Injury Research Award.

Joining Dr. St. Pierre as the Primary Care Director for the program is Eisenhower Medical Center’s Stephen Steele, DO. Dr. Steele is a fellowship-trained primary care sports medicine specialist who has served the community for more than fifteen years. He has served as primary care team physician for College of the Desert and is team physician for Shadow Hills High School. Dr. Steele is a Past-President of the Eisenhower Medical Staff and has provided sports coverage for the Bob Hope Classic and the Kraft Nabisco Championship for many years.

Completing the team of fellowship-trained Sports Medicine specialists is the newest addition to Eisenhower, Orthopedic Surgeon Matthew Diltz, MD. A University of Southern California graduate, Dr. Diltz did his Orthopedic residency at the University of California, Irvine, and has just completed his Sports Medicine fellowship in Boston. He has extensive experience in hip arthroscopy and pediatric sports medicine. According to Dr. St. Pierre, “Dr. Diltz brings more expertise on pre-arthritis conditions and injuries to the hip and hip arthroscopy than anyone else in the valley. He will be a great asset to the program and the community.”

The Eisenhower Desert Orthopedic



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